

Sclerotherapy Instructions

Leave cotton pads, tape and stockings on until bedtime, unless itching and burning develop. Then remove the tape immediately.

When returning for treatment, do not put any oil or lotion on your legs for 2 days before each treatment session.

Do not shave your legs the morning of your appointment.

Please bring a pair of comfortable elastic shorts to wear during the treatment, as well as your compression hose to put on immediately following your treatment.

Wear your compression hose for a minimum of one week, during the day only, following your procedure. You should remove them at night to sleep.

If you are an Oklahoma City patient you may purchase the compression hosiery at the Women's Health Boutique at Northpark Mall (Northwest 122nd and May Avenue) in Oklahoma City. Their phone number is (405) 936-0030, and the store hours are 9-5 Monday through Friday and 10-4 on Saturdays. You can also purchase the compression hosiery from Asbury Medical Supply at 3401 N. May Avenue. Their phone number is (405)858-0097, and the store hours are 9-5 Monday through Friday and 10-12 on Saturdays. You can also call to purchase these over the phone and they can mail them to you. You must purchase medical compression full pantyhose with 15-20mmHG or 18-22mmHG. This is crucial part of your treatment. "Support" or "Ted" hose is very different and should can not be used.

If you are a Dallas patient you may purchase the compression hosiery at Close to You Inc located at 11661 Preston Rd Ste 154. Their phone number is (214) 692-8893, and the store hours are 9-5 Monday through Friday. Please purchase medical compression full pantyhose with 15-20mmHG or 18-22mmHG.

After treatment, there are no restrictions on activity, but try not to bump the areas when doing exercises, which can cause bruising. Weight lifting with the legs should be minimized for two weeks. We encourage walking.

Sclerotherapy takes multiple treatments, and should be scheduled 4-6 weeks apart.

Please call us if you have any question at (405) 816-7545

Thank you, Cindy Nickel