

## Post Procedure Instructions for Permanent Makeup

### Following Eyeliner procedure:

- Apply cold, damp teabags that have been steeped and refrigerated. Apply teabags directly to your eyelids. This can be done for 20-30 minutes at a time and will help to reduce swelling and redness. You may continue to use these until any redness or swelling subsides.
- Apply ointment **sparingly** to eyeliner in the morning and the evening. Use a Q tip to apply, **NO FINGERS!!!**
- Do not use Latisse or any other eyelash growth enhancement serum for at least 7 days after the procedure.

### Following Lip Color/Lip Tint procedure:

- Applying ice helps to reduce swelling when used within the first 48 hours in intervals of 20 minutes on and 40 minutes off. It is important to use a barrier between your lips and the ice. A thin washcloth works best. It is helpful to put ointment on your lips and on the cloth to prevent the ice pack from sticking to your lips.
  - Your lips will be swollen for several days. The initial bright color will usually begin to peel within 3-4 days, and may continue to peel for up to 10 days. Your lips will be tight and dry for several weeks following the procedure. **DO NOT** expose your lips to prolonged sunlight for several weeks after your procedure. You may continue to use the ointment as a moisturizer after your lips heal, but it does not contain SPF, so it is a good idea to purchase lip balm containing SPF.
  - Your color will continue to change a great deal after they have peeled. You will see your final color around 4-6 weeks after your procedure. Everyone heals at a slightly different rate and color retention varies for each individual based on age and health.
- If your lips have not healed within one week contact our office immediately!!!!**

### Following Brow Color:

- Apply ointment **sparingly** to eyebrows in the morning and the evening. Use a Q tip to apply, **NO FINGERS!!!**

### Following All procedures:

- When an area starts to peel, do not pick! Let it flake or peel off on its own, otherwise you could prematurely remove color. Eyeliner usually flakes within 4-6 days. Eyebrows can take up to 10 days to flake. Lips will usually exfoliate within 5-7 days.
- Absolutely no makeup, facial cleansers, chemicals or water for one week on the treated area(s) after the procedure. This includes Latisse or any other eyelash growth enhancement serum (for eyeliner procedure). When cleaning your face, clean around the areas treated.
- Keep continuous water away from the treated area(s) as much as possible. Do not scrub or clean area. Do not soak treated area(s) in bath, swimming pool or hot tub. Do not swim in lake, salt, or chlorinated pool water. This is important to retain color and prevent infection until healed.
  - Failure to follow these instructions in their entirety may result in a loss of pigment, discoloration, infection or scar tissue. I would like to see you four weeks following your first treatment. You will also need to schedule a touch-up procedure no sooner than 6 weeks and but within 6 months of the initial procedure date. \*There will be a \$250 dollar fee for any additional touchups or maintenance procedures in the future.
- Maintenance procedure(s) **do not** include a touch-up.
- You will need to follow these instructions for your touch up procedure(s) as well.

If you have any questions, please, do not hesitate to call (405) 816-7545. Thank you! –Cindy Nickel